

August 8, 2011 The Congregational Church, 11245 Los Osos Valley Rd., SLO  
SLO Quilters, P.O. Box 14306, San Luis Obispo, CA 93406

## 2012 Seven Sisters Show

Susan "Smitty" Price

As you all know, SLO Quilters has committed to participating in the 2012 Seven Sisters Show, which will be April 28 and 29 of 2012. We already have the SLO Quilters Judging rep., Jody Nelson, and the SLO Quilters rep that will oversee all of our guild's reps, Susan Knowles.

What we need now are the 'SLO Quilters Rep' for various committees -- you do not have to CHAIR the committee, just be our guild's liaison to bring information to the meeting and then keep our members 'up to speed' with the progress.

Since some of these committees are already forming and having meetings, it is VITAL for the SLO Quilters that we get representation on these committees NOW!!!!

The committee reps we need filled are: Acquisitions • Admissions • Advertisements/Sponsorship • Applications/Bios • Budget • Challenge Quilts • Design/Layout • Opportunity Quilts • Programs/Brochure • Publicity • Security • Set Up/Breakdown • Vendors • Volunteer Coordinator • White Glove.

The sooner we get reps for all of these committees, the sooner we can make a difference in the 2012 Seven Sisters Show. So review this list and once you have decided which position you would like, please contact either Susan Knowles or Smitty.

I want to remind you that this is a GREAT way to get to know other quilters from other guilds as well as get to know our own guild members better. The meetings are actually rather fun and can be rather, shall we say 'entertaining?'

Thanks again for helping the SLO Quilters fulfill our commitment to the show.

## From Our "Prez"

Susan "Smitty" Price

I know we don't usually do a July newsletter, but there was some critical information that we HAD to get to you that could not wait until the August newsletter. This one may not have all of the things you are used to seeing in our regular newsletters, so do not fear, it will return in August.

The most important reason you have a July newsletter is because we were remiss in getting you the proposed budget in the June newsletter because technically, that needs to be approved before we start into our new fiscal year, which began July 1st!!

The other important news is that because we only had six people signed up for the Sew Day on Monday, July 11, and just a few hands went up from folks that were interested in coming for a casual potluck that night, we decided it was best to just cancel it all together. I was very much looking forward to it, but it just didn't make sense to do for just six quilters, most of who are retired!!!

Please take a look elsewhere in this newsletter at the proposed budget for our 2012 year - there are some changes that will not directly affect you, but WILL give the guild the flexibility to bring quality teachers to our guild.

Thanks for your understanding about the cancellation of the Sew Day, and we'll see you all in August!!!



# SLO Quilters Budget 2011-2012

Sue Fiscalini

Please read this carefully as we will be voting on this at our next meeting.

ADVERTISING	100
MEMBERSHIP	3,000
PIQF	1,000
POLLING PLACE	500
SEVEN SISTERS QUILT SHOW	2,500
WORKSHOP INCOME	1,800
OPPORTUNITY QUILT 2011	1,500
COFFEE CAN	200
INTEREST INCOME	100
BEGINNING BALANCE	15,387
<b>TOTAL INCOME</b>	<b>26,087</b>
BLOCK A MONTH	75
COMMUNITY QUILTS	400
DONATIONS	500
HISTORIAN	100
HOSPITALITY	75
LIBRARY	300
MEMBERSHIP	500
MISCELLANEOUS	500
NEWSLETTER	400
OPERATING EXPENSE	1,200
RENT	825
PIOF	1,000
PRESIDENT'S QUILT	125
PROGRAMS & WORKSHOPS	6,800
OPPORTUNITY QUILT 2011/1:	200
SCCQG	1,200
AQGCC	500
TAXES	200
CARRY OVER	11,187
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	26,087

## Block a Month

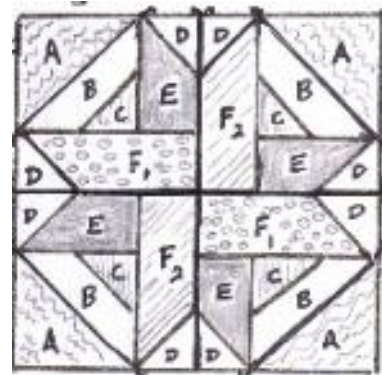
Kathy Clarke and  
Paula Jaster

**Block theme for the year:** Stars

**Block for June:** Starry Log

**Block for August:** Yummy Star

Questions? Call Kathy 466-1107  
or Paula 215 0710



### For Sale

Hoop It All

for Bernina 165, 170 &  
180 sewing machines.

It has a large frame  
placement template,  
sliding bracket  
and removable stops.

In original box. Used once.  
\$75.00

Please email me at

[wacs1974@sbcglobal.net](mailto:wacs1974@sbcglobal.net)

Thank you

Marianna Bissell

### Caring for your Olfa Mat

To clean: fill up a tub (or sink) big enough to submerge your mat. You need to do a 1 gallon of water to 1/4 cup vinegar ratio (what CAN'T you do with vinegar?!). Once you have enough liquid, submerge your mat and wipe off any residue. Use dove or ivory dish soap and work into a lather over your mat. Rinse off. Self healing mats love moisture and the more supple they are, the kinder they will be to your rotary blade. Wipe the mat off with a towel.

# The True Cost of Making A Quilt

*(Do you really want to know?)*

QUEEN SIZED, Machine Pieced,  
Hand Quilted

MATERIALS:

Fabric 12-16 yards @ \$9 per yd.

\$108 - \$144

Batting \$25 - \$40

Thread \$8 - \$16

Total Money Invested - \$141 - \$200

LABOR HOURS:

Piecing - 20 to 60 hours

"Setting" (designing your quilt) - 10  
to 20 hours

Quilting - 100 to 750 hours

Total hours invested - 130 to 810  
hours.

TOTAL COST:

Paying \$1 per hour (Would you do  
this type of work for \$1 an hour?!)

Materials - \$141 - \$200

Labor - \$130 - \$810

Total - \$271 - \$1070

Paying minimum wage \$7.25  
(by law in 6/2009):

Materials - \$141 - \$200

Labor (130-810hrs) - \$942.50 -  
\$5872.25

Total - \$1083.50 - \$6072.25

Paying skilled labor wage \$20  
per hour (Don't you consider  
yourself trained and skilled in  
this craft?):

Materials - \$141 - \$200

Labor (130-810hrs) - \$2600 -  
\$16,200

Total - \$2741 - \$16,400

....what about the costs of  
using your sewing machine?  
Maintenance, depreciation. . .  
oh my . . . so much else we  
could all be adding in!

## HAPPY BIRTHDAY!

July



1 - Marylu Weaver  
Meagher

4 - Bertha Evans

5 - Debbie Abrecht

6 - Cheryl Zelux

9 - Dorothy Manthie

Gay Ann Harvey

Lynne Oliverius

Mary Robinson

14 - Sharon Emerson

18 - Erin Fosmire

19 - Barbara Neal

22 - Anne Carl

23 - Pat Martin

26 - Marcella Casaday

31 - Norma Jones

Julie Towery



## Treasurer's Report

Sue Fiscalini

**Beg. Bal.** **\$14,480.98**  
**Income** **June**

Advertising	
Coffee Cans	
Comm. Quilts	
Donations	
Interest	10.35
Mem. Dues	1140.00
PIQF trip	
Polling Place	
2010 Auction	
Workshops	
Total Income	1150.35

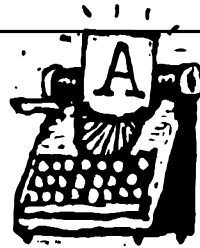
### Expenses

AQGCC	
Bank Fees	
Block A Month	
Comm. Quilts	64.97
Donations	
Historian	
Hospitality	
Library	
Membership	
Newsletter	31.27
Oper. Exp.	P. O. Box -- Rent -- 75.00 Anniversary Pins --
PIQF	
Pres. Quilt	
Programs	72.62
7 Sisters '10	
SCCQG	Mileage -- 190.32
Carry over	
Total Expenses	243.86

**Balance** **\$15,387.47**

## Meeting Minutes

Loisann Cass  
June 13, 2011



The meeting was called to order at 7:00 p.m. by President Smitty Price. Hospitality - Julie Wolfenberger announced two guests and one new member. Board was introduced. Announcements: Fons and Porter subscription for \$15 - signup sheets on Hospitality Table. Pacific International Quilt Festival - Gwen Weedon is in charge of the details. Board Meeting, Tuesday, June 21.

OFFICER REPORTS: ACQCC- is looking for a chair to oversee the Seven Sisters Show. Susan Knowles is our guild's representative. There are openings with challenge quilts, special skills, security, sponsorship, volunteer coordinator, (two people on each committee). Library - The 30<sup>th</sup> anniversary challenge applications are out and due at the August 8 meeting. Opportunity Quilt - Smitty showed sample block for quilt. The quilt will use 25 squares with each one having something to do with the Central Coast and completed by November. Three members, Ruth Meador, Judy Fry, and Jill Sabol, are on the Opportunity Quilt Committee with Val Lund the chair. Seven Sisters Quilt Show 2012 - There will be a quilt judge at the show and a fee to have your quilt judged. Quilts to be judged turned in on Thursday before show. The judge will give educational, positive, comments. We need scribes for Thursday to assist the judges. Programs - Vicki Bookless showed samples of Carol Taylor's class on September 13. Class is filled but you may sign up on a waiting list. Santa Maria has openings in Carol's class. Pam Munns will be our speaker on November 14 and is presenting a workshop the following Saturday. Call Suzanne Heitzman for information. Door prizes provided by: Beverley's, Birch, Remember Quilts by Valerie Lund, Sew Stitchin', The Quiltery, Quiltin' Cousins, Quilter's Cupboard, Wine Country Quilting, and All About Appliqué by Kay McKenzie, a vendor from the Seven Sisters Quilt Show. Block a Month - Paula Jaster and members showed this month's block. Six blocks so far. If you're doing borders and sashing strips on your quilts, save the fabric from the corners (10" X 3" strip). Quilterscache.com

is an informative website for great block ideas, including 12" and paper-pieced. Community Quilts: Signe James spoke about the history of the Community Quilt programs and gave some of the history of the different groups we currently donate quilts to: SART, Chemo Cozies and TAPP; we also donated to the wounded soldier program, Prado Day Center, Get on the Bus and most recently the Japanese Earthquake Relief program. Signe introduced Linda Cannon, of Coastal Integrated Cancer Care, an oncology nurse and patient. She explained that although she had been an oncology nurse for 30 years, when she was diagnosed herself she had a whole different appreciation for what her patients are going through. She explained that our quilts mean more than we can ever know and they are VERY much appreciated. Show and Tell. Ice Cream Social.

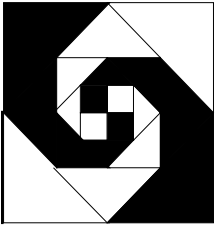
After our business meeting, the programs committee brought out ice cream sandwiches, juice bars. Members also picked out packets of community quilts to take home and work on. The meeting adjourned at 8:45.

### --2011 SLO Quilters Guild Board --

[www.sloquilters.org](http://www.sloquilters.org)

[www.aqgcc.org](http://www.aqgcc.org)

President - Susan (Smitty) Price  
Vice-President - Jody Nelson  
Secretary - Loisann Cass  
Treasurer - Sue Fiscalini  
Block-a-Month - Sarah Blackstone, Kathy Clarke, Paula Jaster  
Community/SART Quilts - Signe James, Gay Ann Harvey  
Friendship Group Coordinator - Christine Labuda  
Historian - Kathi Settle  
Hospitality - Sarah Blackstone, Melissa James  
Library - Gail Simmons, Judie Kirkhart  
Membership - Julie Towery, Jean Keller, Vicki Bookless  
Newsletter - Marylu Weaver Meagher, Emily Cletsoway  
Programs/Special Events - Suzanne Heitzman, Margaret Wheeler, Lisa Gray, Esther Kueffer  
ACGQG Rep. - Julie Wolfenberger  
SCCQG - Renee Van Niel  
Website - Janis Benedict



## SLO Quilters

P.O. Box 14306  
San Luis Obispo, CA 93406

[www.sloquilters.org](http://www.sloquilters.org)

**Monday, August 8, 2011**

~ **6:30pm Social Time**

~ **7pm Meeting**

**The Congregational Church**

11245 Los Osos Valley Rd.  
San Luis Obispo

### Events & Information

#### American Quilt Study Group

invites submissions of 4,500- to 9,000-word papers representing original, unpublished research pertaining to the history of quilts, quiltmaking, quiltmaker, associated textiles and related topics for presentation at its 33rd seminar to be held in 2012 in Lincoln, Neb., and for publication in *Uncoverings 2012*.  
Deadline: July 1. Details: AQSG, PO Box 4737, Lincoln, NE, 68504;  
[www.americanquiltstudygroup.org](http://www.americanquiltstudygroup.org).

#### Art Quilt Elements 2012

is open for online registration through Sept. 25. The 10th exhibition of this internationally acclaimed show runs March 30-May 13, 2012 at the Wayne Art Center, Wayne, PA. All quilts must be offered for sale. Details: [www.artquildelements.com](http://www.artquildelements.com).

#### Arts Quilt Portfolio

Lark Crafts is seeking submissions for Arts Quilt Portfolio: People and Portraits to be published Spring 2013. Deadline: Aug. 15. Details: [www.larkcrafts.com/submit](http://www.larkcrafts.com/submit).

*This article was found in this week's issue of 'The Sunday Times,' a weekly newspaper in Perth, Western Australia:*

#### Feeling Sew Good

As devotees of a quiet and contemplative pastime, they would be the last to make a fuss about it.

But quilters, it seems, have every right to celebrate their craft after researchers found that quilting improved wellbeing in ways that physical and outdoor activities could

not, and offered creativity that had been stifled in the modern world. The University of Glasgow team found that the use of bright colours was "uplifting and the activity distracted from the stress of work". Researchers said quilting also offered mental challenges in areas such as maths and geometry. It also increased confidence and had an important social side."

